



## Spain Budo Karate Integral

### I Summer Karate camp SBKI in Elgoibar - Guipuzcoa - Spain

The evolutionary process, technical gesture, technique, tactics and intuition. Self defense in Karate using the Kata.

Organised by: Karate Club Olaizaga Kirol Taldea  
To contribute: Elgoibarko Kirol Patronatua.  
Town/City: Elgoibar, Guipuzcoa  
Place: Olaizaga City sport centre  
Street: San Roke 1  
Date: 12 and 13th of July 2014  
Sensei : José Ramón Álvarez Ruiz-Huidobro, 7th Dan F.E.K. (Spanish Karate Federation).  
President of the Asociación de Karate y Budo Shotokan Nalón  
Creator of the Spain Budo KI

Coordinating and assistant: Luis Aguirregomezcorta Careaga 4th Dan F.E.K.

<u>Timetable</u>	<u>Morning</u>	<u>Afternoon</u>
<b>July 12th</b>	9,30 12.30	free time activities
<b>July 13th</b>	9,30 13.00	free time activities
<u>Cost course</u>	<b>1 day</b>	<b>2 days</b>
	€40	€50

### Of interest for participants

Registration Form  
Name ..... Surname .....  
Address ..... Town/City .....  
Postcode ..... Landline ..... Mobile number .....  
Level ..... Teaching qualifications .....  
Email .....  
Total payment for the course .....

To make the reservation, please make a bank transfer showing the amount to be paid and the days you wish to participate in the course. Pay the amount to Asociación de Karate y Budo Shotokan Nalón:

account number 0081 5046 01 0001080009.  
IBAN number ES42  
BIC BSABESXXX

Proof of the transaction and a completed registration form must be presented at the start of the course.  
Please contact the organisers for information on the different accommodation options available for different budgets.

### Registration in the place

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#### **Mr. Luis Aguirregomezcorta Careaga**

Mobile phone: 0034-650-011-441  
email: [olaizagakarate@hotmail.com](mailto:olaizagakarate@hotmail.com)

#### **Mr. José Ramón Álvarez Ruiz-Huidobro**

Work phone: 0034 - 986-66-35-39  
Mobile phone: 0034 - 608-247-242  
email: [karateintegral@gimnasiookinawa.com](mailto:karateintegral@gimnasiookinawa.com)  
[okinawa\\_ramon@hotmail.com](mailto:okinawa_ramon@hotmail.com)

組空手武道松壽ナロン

Copies of the book Complete Karate-Kata Methodology, will be on sale to those attending the camp at a special price.

This work system is having great success among teachers and Karate do practitioners throughout Spain. It is especially popular with teachers who are looking for a new focus and perspective in their work, but still within the framework of Karate and the style they have always practised. In other words, it uses the resources that they already possess, but they obtain from these a much better performance when they come to prepare their classes, as much in individual work as pair work. This does not mean substituting their daily work with something different, but rather adding or complementing it with SBKI methodology.

If you are interested in knowing what it is based on, how it is structured, developed and what its objectives are, please don't hesitate to get in contact with us. The synthesis of this method is can be found in my book, published in 2011.